



# January 2025

## High Breakfast

| MON   | TUE  | WED  | THU  | FRI   |
|---|--|--|--|---|
|                            | 7<br>OATMEAL CINNAMON ROUND<br>HOMEMADE TURKEY BACON, EGG, & CHEESE CROISSANT<br>APPLE JUICE<br>DICED PEARS  | 8<br>BEEF BISCUIT<br>ACAI BOWL WITH GRANOLA<br>GALA APPLE<br>ORANGE TANGERINE JUICE  | 9<br>BREAKFAST BURRITO<br>FRUIT LOOPS WITH TOAST<br>FRUIT PUNCH JUICE<br>FRESH PEAR<br>WITH GRITS  | 10<br>BREAKFAST BAGEL<br>CINNAMON PASTRY<br>APPLE JUICE<br>FRESH ORANGE       |
| 13<br>APPLE JACKS CEREAL<br>With BANANA MUFFIN<br>PANCAKE N' LINK<br>APPLE, RED DELICIOUS<br>GRAPE JUICE    | 14<br>BREAKFAST BACON CROISSANT<br>CINNAMON ROLLS<br>ORANGE TANGERINE JUICE<br>PEACHES SLICED                | 15<br>SAUSAGE BISCUIT<br>PEACHES N CREAM PARFAIT<br>APPLE JUICE<br>MANDARIN ORANGES  | 16<br>BREAKFAST PIZZA<br>PANCAKES<br>FRUIT PUNCH JUICE<br>GALA APPLE                               | 17<br>FRENCH TOAST<br>BREAKFAST GRILLED CHEESE<br>GRAPE JUICE<br>FRESH ORANGE |
|                          | 21<br>OATMEAL CINNAMON ROUND<br>HOMEMADE TURKEY BACON, EGG, & CHEESE CROISSANT<br>APPLE JUICE<br>DICED PEARS | 22<br>BEEF BISCUIT<br>ACAI BOWL WITH GRANOLA<br>GALA APPLE<br>ORANGE TANGERINE JUICE | 23<br>BREAKFAST BURRITO<br>FRUIT LOOPS WITH TOAST<br>FRUIT PUNCH JUICE<br>FRESH PEAR<br>WITH GRITS | 24<br>BREAKFAST BAGEL<br>CINNAMON PASTRY<br>APPLE JUICE<br>FRESH ORANGE       |
| 24<br>APPLE JACKS CEREAL<br>With BANANA MINI LOAF<br>PANCAKE N' LINK<br>APPLE, RED DELICIOUS<br>GRAPE JUICE | 28<br>BREAKFAST BACON CROISSANT<br>CINNAMON ROLLS<br>ORANGE TANGERINE JUICE<br>PEACHES SLICED                | 29<br>SAUSAGE BISCUIT<br>PEACHES N CREAM PARFAIT<br>APPLE JUICE<br>MANDARIN ORANGES  | 30<br>BREAKFAST PIZZA<br>PANCAKES<br>FRUIT PUNCH JUICE<br>GALA APPLE                               | 31<br>FRENCH TOAST<br>BREAKFAST GRILLED CHEESE<br>GRAPE JUICE<br>FRESH ORANGE |

*Breakfast Notes: Students may select 1 fruit and 1 juice with each meal  
Milk available with all meals.*

*This institution is an equal opportunity provider.*