

SchoolCafé - School Menus
Middle School Breakfast
October 2024

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	ENTREES CINNAMON ROLLS HOMEMADE TURKEY BACON, EGG, & CHEESE CROISSANT FRUITS CHILLED PEACHES ORANGE JUICE, 100% MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ	ENTREES ACAI BOWL W/ GRANOLA TURKEY SAUSAGE BISCUIT FRUITS GRAPE JUICE STRAWBERRIES MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ	ENTREES BREAKFAST BURRITO FRENCH TOAST & SAUSAGE LINK FRUITS APPLE, GALA FRUIT PUNCH JUICE MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ	ENTREES BREAKFAST BACON CROISSANT CINNAMON BREAKFAST ROUND FRUITS FRUIT PUNCH JUICE ORANGE MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
ENTREES APPLE JACKS CEREAL (1 OUNCE) BEEF BISCUIT CEREAL APPLE CINNAMON CHEERIOS FROSTED FLAKES CEREAL FRUIT LOOPS CEREAL GRAINS BANANA MUFFIN, WHOLE GRAIN FRUITS FRESH ORANGE WEDGES GRAPE JUICE MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ	ENTREES OATMEAL CINNAMON ROUND PIZZA BREAKFAST TURKEY SAUSAGE FRUITS APPLE JUICE DICED PEARS MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ	ENTREES TURKEY SAUSAGE BISCUIT YOGURT PARFAIT FRUITS APPLE SLICES ORANGE ORANGE TANGERINE JUICE MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ	ENTREES CHICKEN BISCUIT RASPBERRY YOGURT GRAINS GRANOLA FRUITS APPLE JUICE FRUIT PUNCH JUICE GRAPE JUICE ORANGE ORANGE TANGERINE JUICE MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ	ENTREES BREAKFAST BAGEL WAFFLE BELGIAN FRUITS APPLE SLICES CHILLED PEARS HALVES MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREES APPLE JACKS CEREAL (1 OUNCE) CEREAL APPLE CINNAMON CHEERIOS TURKEY SAUSAGE BISCUIT	ENTREES CINNAMON ROLLS HOMEMADE TURKEY BACON, EGG, & CHEESE CROISSANT FRUITS CHILLED PEACHES	ENTREES ACAI BOWL W/ GRANOLA TURKEY SAUSAGE BISCUIT FRUITS GRAPE JUICE STRAWBERRIES	ENTREES BREAKFAST BURRITO FRENCH TOAST & SAUSAGE LINK FRUITS APPLE, GALA	ENTREES BREAKFAST BACON CROISSANT CINNAMON BREAKFAST ROUND FRUITS

<p>FRUITS APPLE SLICES GRAPE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ORANGE JUICE, 100%</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>FRUIT PUNCH JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>FRUIT PUNCH JUICE ORANGE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>
<p>28 Monday</p>	<p>29 Tuesday</p>	<p>30 Wednesday</p>	<p>31 Thursday</p>	
<p>ENTREES APPLE JACKS CEREAL (1 OUNCE) BEEF BISCUIT CEREAL APPLE CINNAMON CHEERIOS FROSTED FLAKES CEREAL FRUIT LOOPS CEREAL</p> <p>GRAINS BANANA MUFFIN, WHOLE GRAIN</p> <p>FRUITS FRESH ORANGE WEDGES GRAPE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p>ENTREES OATMEAL CINNAMON ROUND PIZZA BREAKFAST TURKEY SAUSAGE</p> <p>FRUITS APPLE JUICE DICED PEARS</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p>ENTREES TURKEY SAUSAGE BISCUIT YOGURT PARFAIT</p> <p>FRUITS APPLE SLICES ORANGE ORANGE TANGERINE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p>ENTREES CHICKEN BISCUIT RASPBERRY YOGURT</p> <p>GRAINS GRANOLA</p> <p>FRUITS APPLE JUICE FRUIT PUNCH JUICE GRAPE JUICE ORANGE ORANGE TANGERINE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	

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