

CROSS KEYS HIGH 0529
Lunch (REGULAR), September - 2024

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
	<p>ENTREES CHARBROILED CHICKEN CHEF SALAD CLUB SUB PLATE CORN DOG GALAXY CHEESE PIZZA GALAXY PEPPERONI PIZZA</p> <p>VEGETABLES CORN POWER KALE SALAD</p> <p>FRUITS APPLE, GALA BANANA ORANGE PEACHES</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES BARBEQUE CHICKEN FRUIT & YOGURT PLATE GRILLED CHEESE SANDWICH TURKEY SUB PLATE</p> <p>GRAINS WG DINNER ROLL</p> <p>VEGETABLES COLLARDS GLAZED SWEET POTATOES</p> <p>FRUITS APPLE JUICE APPLESAUCE GRAPE JUICE ORANGE TANGERINE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CHEESEBURGER DELUXE FISH SANDWICH SUNBUTTER & JELLY PLATE TURKEY & CHEESE SUB PLATE TURKEY BLT ON CROISSANT</p> <p>VEGETABLES MIXED GREEN SALAD STEAMED BROCCOLI</p> <p>FRUITS DICED PEARS FRESH PEACH ORANGE PEAR STRAWBERRIES FRESH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p>ENTREES BEEF & CHEESE NACHOS CHEESE NACHOS CLUB SUB PLATE GRILLED CHICKEN SANDWICH VEGETARIAN CHEF SALAD AND BASE (H)</p> <p>VEGETABLES MEXICAN STYLE BLACK BEANS SHREDDED LETTUCE & CHOPPED TOMATOES</p> <p>FRUITS APPLE JUICE FRESH BLUEBERRIES FRESH FRUIT CUP FRUIT PUNCH JUICE GRAPE JUICE MANDARIN ORANGES ORANGE TANGERINE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>
9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday
<p>ENTREES BBQ BEEF RIB SANDWICH CHEESE DIPPERS FRUIT & YOGURT PLATE GALAXY CHEESE PIZZA TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES GARDEN SALAD WEDGE CUT FRENCH FRIES</p> <p>FRUITS ORANGE PEAR STRAWBERRY KIWI FRUIT SLUSH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CHICKEN PHILLY W/ WG HOAGIE DELUXE HAMBURGER SUNBUTTER & JELLY PLATE TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES BERRY BLAST GREEN SALAD CRINKLE FRIES BAKED</p> <p>FRUITS APPLE, GRANNY SMITH FRUIT PUNCH JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CONGA CHICKEN FISH SANDWICH TURKEY SUB PLATE VEGETARIAN CHEF SALAD AND BASE (H)</p> <p>GRAINS HONEY BUTTER ROLLS WHOLE WHEAT</p> <p>VEGETABLES CARROT & CELERY STICKS CORN</p> <p>FRUITS GRAPE JUICE ORANGE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CHEESEBURGER DELUXE FAJITA CHICKEN CHEF SALAD & BASE DOD (E) MANDARIN ORANGE CHICKEN TURKEY & CHEESE SUB PLATE</p> <p>GRAINS VEGGIE RICE</p> <p>VEGETABLES CALIFORNIA BLEND MIXED VEGETABLES CRINKLE FRIES BAKED SHREDDED LETTUCE & CHOPPED TOMATOES</p> <p>FRUITS APPLE JUICE MANDARIN ORANGES STRAWBERRIES FRESH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p> <p>OTHER</p>	<p>ENTREES CHICKEN & WAFFLE (LUNCH) CLUB SUB PLATE TEXAS BBQ SANDWICH VEGETARIAN CHEF SALAD AND BASE (H)</p> <p>VEGETABLES CARROTS, MINI PURCHASED COLESLAW GREEN BEANS TATER TOTS</p> <p>FRUITS APPLE, GALA ORANGE TANGERINE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>

			CHOCOLATE CHIP COOKIE	
16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
<p>ENTREES BREADED CHICKEN FILET SANDWICH GRILLED CHEESE SANDWICH SUNBUTTER & JELLY PLATE TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES CRINKLE FRIES BAKED GARDEN SALAD</p> <p>FRUITS APPLE, GALA BANANA FRESH ORANGE WEDGES GRAPE JUICE PARADISE PUNCH FRUIT SLUSH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CHARBROILED CHICKEN CHEF SALAD CLUB SUB PLATE CORN DOG GALAXY CHEESE PIZZA GALAXY PEPPERONI PIZZA</p> <p>VEGETABLES CORN POWER KALE SALAD</p> <p>FRUITS APPLE, GALA BANANA ORANGE PEACHES</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES BARBEQUE CHICKEN FRUIT & YOGURT PLATE TURKEY BLT ON CROISSANT TURKEY SUB PLATE</p> <p>GRAINS WG DINNER ROLL</p> <p>VEGETABLES COLLARDS GLAZED SWEET POTATOES</p> <p>FRUITS APPLE JUICE APPLESAUCE GRAPE JUICE PEAR</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES BEEF & CHEESE NACHOS CHEESE NACHOS CLUB SUB PLATE GRILLED CHICKEN SANDWICH VEGETARIAN CHEF SALAD AND BASE (H)</p> <p>VEGETABLES MEXICAN STYLE BLACK BEANS SHREDDED LETTUCE & CHOPPED TOMATOES</p> <p>FRUITS APPLE JUICE BANANA FRESH FRUIT CUP</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p> <p>OTHER CHOCOLATE CHIP COOKIE</p>	<p>ENTREES CHEESEBURGER DELUXE FISH SANDWICH SUNBUTTER & JELLY PLATE TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES MIXED GREEN SALAD STEAMED BROCCOLI</p> <p>FRUITS APPLE, GALA ORANGE TANGERINE JUICE STRAWBERRIES</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>
23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
<p>ENTREES BBQ BEEF RIB SANDWICH CHEESE DIPPERS FRUIT & YOGURT PLATE GALAXY CHEESE PIZZA TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES GARDEN SALAD WEDGE CUT FRENCH FRIES</p> <p>FRUITS ORANGE PEAR STRAWBERRY KIWI FRUIT SLUSH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CHICKEN PHILLY W/ WG HOAGIE DELUXE HAMBURGER SUNBUTTER & JELLY PLATE TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES BERRY BLAST GREEN SALAD CRINKLE FRIES BAKED</p> <p>FRUITS APPLE, GRANNY SMITH FRUIT PUNCH JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CONGA CHICKEN FISH SANDWICH TURKEY SUB PLATE VEGETARIAN CHEF SALAD AND BASE (H)</p> <p>GRAINS HONEY BUTTER ROLLS WHOLE WHEAT</p> <p>VEGETABLES CARROT & CELERY STICKS CORN</p> <p>FRUITS GRAPE JUICE ORANGE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>ENTREES CHEESEBURGER DELUXE FAJITA CHICKEN CHEF SALAD & BASE DOD (E) MANDARIN ORANGE CHICKEN TURKEY & CHEESE SUB PLATE</p> <p>GRAINS VEGGIE RICE</p> <p>VEGETABLES CALIFORNIA BLEND MIXED VEGETABLES CRINKLE FRIES BAKED SHREDDED LETTUCE & CHOPPED TOMATOES</p> <p>FRUITS APPLE JUICE MANDARIN ORANGES STRAWBERRIES FRESH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p> <p>OTHER CHOCOLATE CHIP COOKIE</p>	<p>ENTREES CHICKEN & WAFFLE (LUNCH) CLUB SUB PLATE TEXAS BBQ SANDWICH VEGETARIAN CHEF SALAD AND BASE (H)</p> <p>VEGETABLES CARROTS, MINI PURCHASED COLESLAW GREEN BEANS TATER TOTS</p> <p>FRUITS APPLE, GALA ORANGE TANGERINE JUICE</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>

<p>30 Monday</p>				
<p>ENTREES BREADED CHICKEN FILET SANDWICH GRILLED CHEESE SANDWICH SUNBUTTER & JELLY PLATE TURKEY & CHEESE SUB PLATE</p> <p>VEGETABLES CRINKLE FRIES BAKED GARDEN SALAD</p> <p>FRUITS APPLE, GALA BANANA FRESH ORANGE WEDGES GRAPE JUICE PARADISE PUNCH FRUIT SLUSH</p> <p>MILK CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK, STRAWBERRY, 50/8 OZ</p>				

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