

**CROSS KEYS HIGH 0529**  
**Breakfast (REGULAR), September - 2024**

<p><b>2</b> <b>Monday</b></p>	<p><b>3</b> <b>Tuesday</b></p> <p><b>ENTREES</b>  MORNING PASTRY TO GO - BLUEBERRY  MORNING PASTRY TO GO - STRAWBERRY  PIZZA BREAKFAST TURKEY SAUSAGE</p> <p><b>GRAINS</b>  CINNAMON OATMEAL</p> <p><b>FRUITS</b>  APPLE JUICE  DICED PEARS</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>	<p><b>4</b> <b>Wednesday</b></p> <p><b>ENTREES</b>  TURKEY SAUSAGE BISCUIT  YOGURT PARFAIT</p> <p><b>FRUITS</b>  APPLE SLICES  ORANGE  ORANGE TANGERINE JUICE</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>	<p><b>5</b> <b>Thursday</b></p> <p><b>ENTREES</b>  CHICKEN BISCUIT  PANCAKES WITH SYRUP</p> <p><b>GRAINS</b>  CHEESE GRITS</p> <p><b>FRUITS</b>  BANANA  FRUIT PUNCH JUICE</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>	<p><b>6</b> <b>Friday</b></p> <p><b>ENTREES</b>  BREAKFAST BACON  CROISSANT  CINNAMON BREAKFAST ROUND</p> <p><b>FRUITS</b>  FRUIT PUNCH JUICE  ORANGE</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ</p>
<p><b>9</b> <b>Monday</b></p> <p><b>ENTREES</b>  APPLE JACKS CEREAL (1 OUNCE)  BEEF BISCUIT  CEREAL APPLE CINNAMON CHEERIOS  FROSTED FLAKES CEREAL  FRUIT LOOPS CEREAL</p> <p><b>GRAINS</b>  BANANA MUFFIN, WHOLE GRAIN</p> <p><b>FRUITS</b>  FRESH ORANGE WEDGES  GRAPE JUICE</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>	<p><b>10</b> <b>Tuesday</b></p> <p><b>ENTREES</b>  OATMEAL CINNAMON ROUND  PIZZA BREAKFAST TURKEY SAUSAGE</p> <p><b>FRUITS</b>  APPLE JUICE  DICED PEARS</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ</p>	<p><b>11</b> <b>Wednesday</b></p> <p><b>ENTREES</b>  TURKEY SAUSAGE BISCUIT  YOGURT PARFAIT</p> <p><b>FRUITS</b>  APPLE SLICES  ORANGE  ORANGE TANGERINE JUICE</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>	<p><b>12</b> <b>Thursday</b></p> <p><b>ENTREES</b>  CHICKEN BISCUIT  RASPBERRY YOGURT</p> <p><b>GRAINS</b>  GRANOLA</p> <p><b>FRUITS</b>  APPLE JUICE  FRUIT PUNCH JUICE  GRAPE JUICE  ORANGE  ORANGE TANGERINE JUICE</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>	<p><b>13</b> <b>Friday</b></p> <p><b>ENTREES</b>  BREAKFAST BAGEL  WAFFLE BELGIAN</p> <p><b>FRUITS</b>  APPLE SLICES  CHILLED PEARS HALVES</p> <p><b>MILK</b>  CHOCOLATE MILK  MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON  MILK, LACTOSE FREE  MILK, SKIM, FORTIFIED, 50/8 OZ  MILK,STRAWBERRY, 50/8 OZ  SKIM, VANILLA, 50/8 OZ</p>
<p><b>16</b> <b>Monday</b></p> <p><b>ENTREES</b>  APPLE JACKS CEREAL (1 OUNCE)  CEREAL APPLE CINNAMON CHEERIOS  TURKEY SAUSAGE BISCUIT</p> <p><b>FRUITS</b>  APPLE SLICES  GRAPE JUICE</p>	<p><b>17</b> <b>Tuesday</b></p> <p><b>ENTREES</b>  CINNAMON ROLLS  HOMEMADE TURKEY BACON, EGG, &amp; CHEESE CROISSANT</p> <p><b>FRUITS</b>  CHILLED PEACHES  ORANGE JUICE, 100%</p> <p><b>MILK</b></p>	<p><b>18</b> <b>Wednesday</b></p> <p><b>ENTREES</b>  ACAI BOWL W/ GRANOLA  TURKEY SAUSAGE BISCUIT</p> <p><b>FRUITS</b>  GRAPE JUICE  STRAWBERRIES</p> <p><b>MILK</b>  CHOCOLATE MILK</p>	<p><b>19</b> <b>Thursday</b></p> <p><b>ENTREES</b>  BREAKFAST BURRITO  FRENCH TOAST &amp; SAUSAGE LINK</p> <p><b>FRUITS</b>  APPLE, GALA  FRUIT PUNCH JUICE</p> <p><b>MILK</b></p>	<p><b>20</b> <b>Friday</b></p> <p><b>ENTREES</b>  BREAKFAST BACON  CROISSANT  CINNAMON BREAKFAST ROUND</p> <p><b>FRUITS</b>  FRUIT PUNCH JUICE  ORANGE</p>

<p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p>CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>
<p><b>23</b> <b>Monday</b></p>	<p><b>24</b> <b>Tuesday</b></p>	<p><b>25</b> <b>Wednesday</b></p>	<p><b>26</b> <b>Thursday</b></p>	<p><b>27</b> <b>Friday</b></p>
<p><b>ENTREES</b> APPLE JACKS CEREAL (1 OUNCE) BEEF BISCUIT CEREAL APPLE CINNAMON CHEERIOS FROSTED FLAKES CEREAL FRUIT LOOPS CEREAL</p> <p><b>GRAINS</b> BANANA MUFFIN, WHOLE GRAIN</p> <p><b>FRUITS</b> FRESH ORANGE WEDGES GRAPE JUICE</p> <p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p><b>ENTREES</b> OATMEAL CINNAMON ROUND PIZZA BREAKFAST TURKEY SAUSAGE</p> <p><b>FRUITS</b> APPLE JUICE DICED PEARS</p> <p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ</p>	<p><b>ENTREES</b> TURKEY SAUSAGE BISCUIT YOGURT PARFAIT</p> <p><b>FRUITS</b> APPLE SLICES ORANGE ORANGE TANGERINE JUICE</p> <p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p><b>ENTREES</b> CHICKEN BISCUIT RASPBERRY YOGURT</p> <p><b>GRAINS</b> GRANOLA</p> <p><b>FRUITS</b> APPLE JUICE FRUIT PUNCH JUICE GRAPE JUICE ORANGE ORANGE TANGERINE JUICE</p> <p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>	<p><b>ENTREES</b> BREAKFAST BAGEL WAFFLE BELGIAN</p> <p><b>FRUITS</b> APPLE SLICES CHILLED PEARS HALVES</p> <p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>
<p><b>30</b> <b>Monday</b></p>				
<p><b>ENTREES</b> APPLE JACKS CEREAL (1 OUNCE) CEREAL APPLE CINNAMON CHEERIOS FROSTED FLAKES CEREAL FRUIT LOOPS CEREAL TURKEY SAUSAGE BISCUIT</p> <p><b>GRAINS</b> BISCUIT</p> <p><b>FRUITS</b> APPLE SLICES GRAPE JUICE</p> <p><b>MILK</b> CHOCOLATE MILK MILK, 1%, LOWFAT, FORTIFIED, 50/8 OZ CARTON MILK, LACTOSE FREE MILK, SKIM, FORTIFIED, 50/8 OZ MILK,STRAWBERRY, 50/8 OZ SKIM, VANILLA, 50/8 OZ</p>				

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